

Mental Health Resources

Last updated: 04/10/2020



Ketchikan Cares

Crisis Line:

Depression, anxiety, bullying abuse, suicide, school stress. Call 907-225-2273

Residential Youth Care

Clinical staff is providing youth and their families with a connection to telehealth services. 907-225-4664

Parent/Caregiver Support Group (local)

Meeting Friday's at 10-11am via Zoom.

Email

mobryan@sailinc.org

Behavioral Health Support Group (local)

weekly on Mondays Meeting Monday's at 5:30-6:30pm via teleconference.

Also offering regular check ins. Call Birdie 907-220-6488

National Domestic Violence Hotline

All calls are free and confidential.

For Victims: <https://www.thehotline.org/help/> Our advocates are available 24/7 at 1-800-799-SAFE (7233).

For Abusive Partners:

<https://www.thehotline.org/help/for-abusive-partners/>
Local: Women in Safe Homes (WISH): 907-225-9474

Community Connections

The office is closed. Children's Behavioral Health services with clinicians are by tele-video appointments for current clients only. If your child is in crisis or requires immediate intervention you will be seen immediately. Call 907-225-7825

KIC Behavioral Health

Office is closed but current clients can access telephonic appointments. Substance Use Disorder Assessments are also being offered via telephone
Contact the office 907-228-9203

Alaska Statewide Call in AA Meeting

We meet by telephone on Monday, Thursday, and Sunday nights at 5:30 pm Alaska time (9:30 pm Eastern Time). We are a newcomer discussion group.
Simply call: 1-515-604-9546. Wait for prompt. Access Code : 350333

Akeela/Gateway Center For Human Services

Individuals can contact Akeela at 907-225-4135 to be referred to mental health and telehealth resources. Continuing to provide services and assessments via telephone, until further notice. KAR House will continue to provide residential SUD treatment.

For more resources, see Ketchikan Emergency Operations Center (EOC)

Contact: 907.228.6605 <https://www.kgbak.us/913/COVID-19-Response> |

Ketchikan Wellness Coalition: <https://ktnwc.org/ketchikan/resources-for-covid-19/>